



# A.P.P.E.A.R PROGRAM

- A) ANTICIPATION
- P) PATIENCE
- P) PLANNING FOR DISCOMFORT
- E) EXPECTATIONS OF THE RESULTS
- A) ACTUALIZATION
- R) RE-SOCIALIZATION

Welcome! The A.P.P.E.A.R. program is a high engagement support system and specialized curriculum for individuals in long-term recovery undertaking a dental restoration. This first of its kind program addresses the common challenges, fears, and worries that accompany this lengthy, multi-step, life changing process.

A.P.P.E.A.R. Peer Support Staff are all Grin Grant alumni

## **A.P.P.E.A.R. INCLUDES:**

- Weekly group Peer Support meetings
- Accompaniment and advocacy at dental office visits
- 24/7 private group chat
- Private Peer Support
- Targeted Case Management (if recommended)
- Private therapy (if requested)

- ~ Assessments are conducted upon intake and required for participation.
- ~ Each client is reassessed every three months and required for continued participation.
- ~ Clients may end A.P.P.E.A.R. services at any time.
- ~ A.P.P.E.A.R Peer Support services are not offered separately.